



## MT COTTON STATE SCHOOL

### Years 3 to 6 Track & Field Carnival Program

There will be limited refreshments available at the canteen. Please ensure your child brings their hat, water and his/her lunch with them and if you wish a small amount of money for a treat. Students are to wear their sports uniform. The 800m will be run during the lunch break. (This event is for students born in 2005, 2004 & 2003 only.) Students travelling by private transport are to arrive at 9am sharp and be collected by 2pm sharp.

#### **8.30 am sharp - buses depart Mt Cotton**

9.00 am Opening

#### **SESSION 1 (9.15am -9.45am)**

|        |                     |
|--------|---------------------|
| Year 3 | 80 / 200m (if time) |
| Year 4 | Ball Games          |
| 10 yrs | Long Jump           |
| 11 yrs | Shot Put            |
| 12yrs  | High Jump           |

#### **SESSION 2 (9.50am – 10.20am)**

|        |            |
|--------|------------|
| Year 3 | High Jump  |
| Year 4 | 80m 200m   |
| 10 yrs | Ball Games |
| 11 yrs | Long Jump  |
| 12yrs  | Shot Put   |

#### **SESSION 3 (10.25am – 10.55am)**

|        |             |
|--------|-------------|
| Year 3 | Shot Put    |
| Year 4 | High Jump   |
| 10 yrs | 100m / 200m |
| 11 yrs | Ball Games  |
| 12yrs  | Long Jump   |

#### **LUNCH (10.55am – 11.30 am)**

800m Races for 10yrs, 11yrs & 12yrs only

#### **SESSION 4 (11.35am – 12.05pm)**

|        |             |
|--------|-------------|
| Year 3 | Long Jump   |
| Year 4 | Shot Put    |
| 10 yrs | High Jump   |
| 11yrs  | 100m / 200m |
| 12yrs  | Ball Games  |

#### **SESSION 5 (12.10pm-12.40pm)**

|        |             |
|--------|-------------|
| Year 3 | Ball Games  |
| Year 4 | Long Jump   |
| 10yrs  | Shot Put    |
| 11yrs  | High Jump   |
| 12yrs  | 100m / 200m |

#### **SESSION 6 (12.45pm – 2.00pm)**

12.45pm Sprint Finals  
1.15pm Relays  
1.45pm Presentations  
**2.00pm Buses depart**  
2.45pm Arrive Mt Cotton

**Marloo**

**Kulla**

**Barawa**

## May the best house win!

Beenleigh Little Athletics Centre, Cec Clark Oval, Oliver Sports Complex, Logan St, Eagleby